

►► Democracy
and human rights
start with us!

►► Get involved!

www.coe.int/edc



These principles of democracy and human rights are promoted
by the Council of Europe for its 800 million citizens

▶▶ Democracy
and human rights
start with us!

▶▶ Participate in decisions

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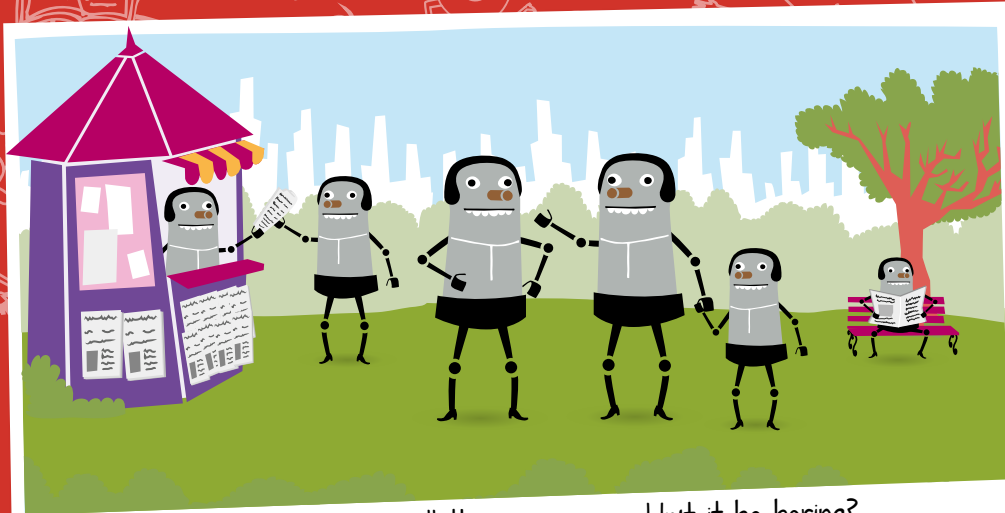


Associations, schools, municipalities, neighbourhoods...
often provide a space where you can practice democracy
and human rights and contribute to a better life

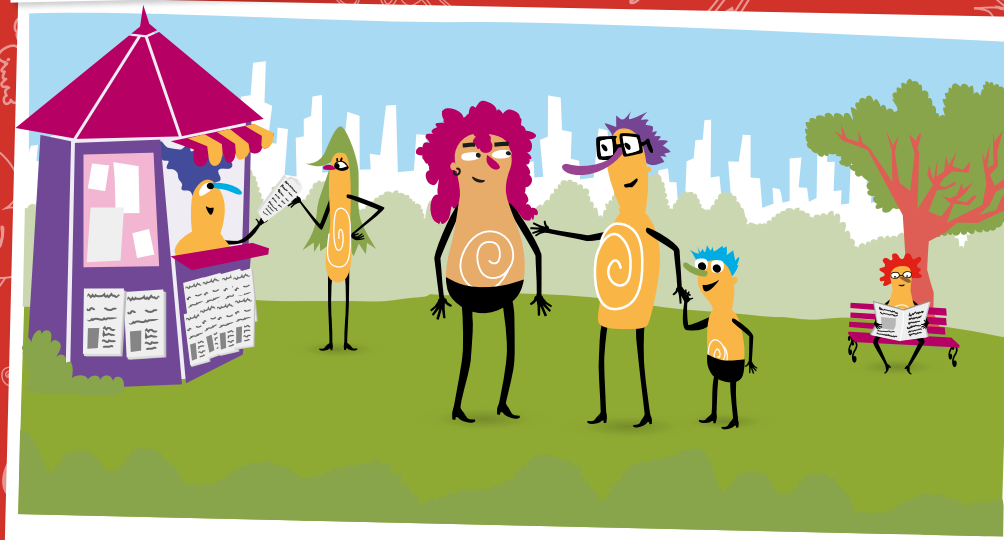
►► Democracy
and human rights
start with us!

►► Value diversity

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Imagine if we were all the same - wouldn't it be boring?



Diversity makes our society richer



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►► Democracy
and human rights
start with us!

►► Include everybody

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There is not a single reason
why somebody should be excluded or isolated

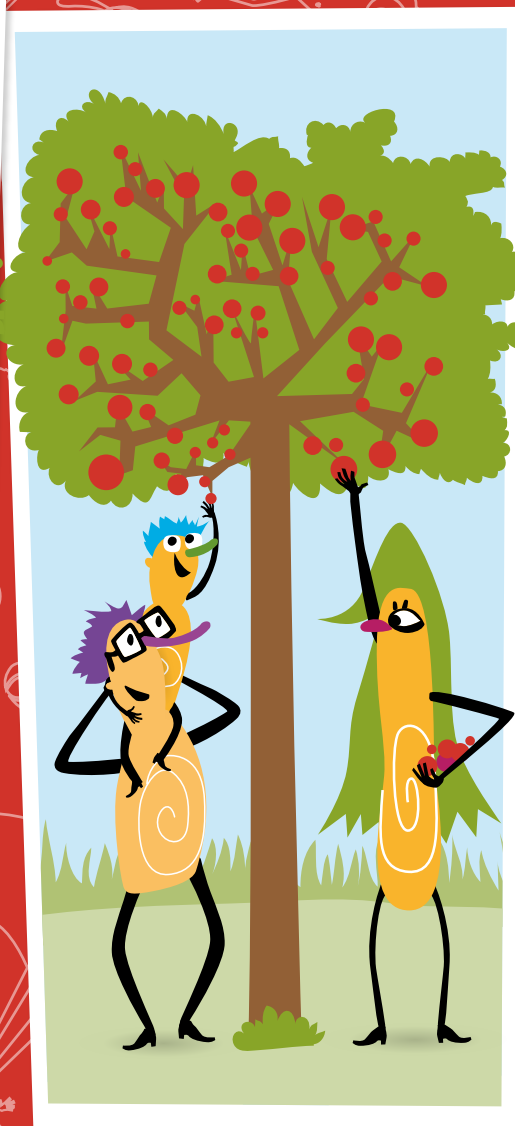
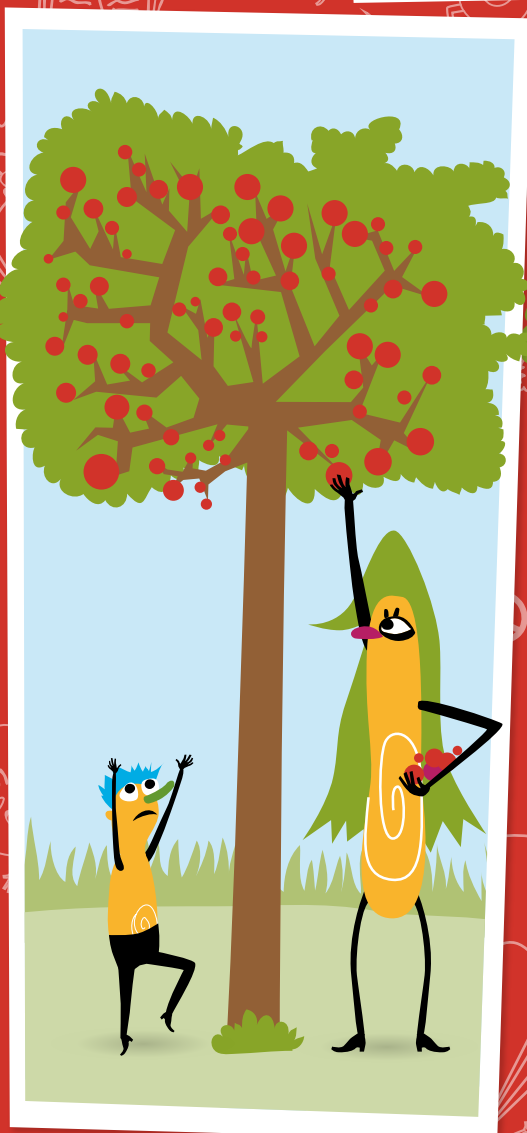


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▶▶ Democracy
and human rights
start with us!

▶▶ Give everybody
equal chances

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We are all equal in rights

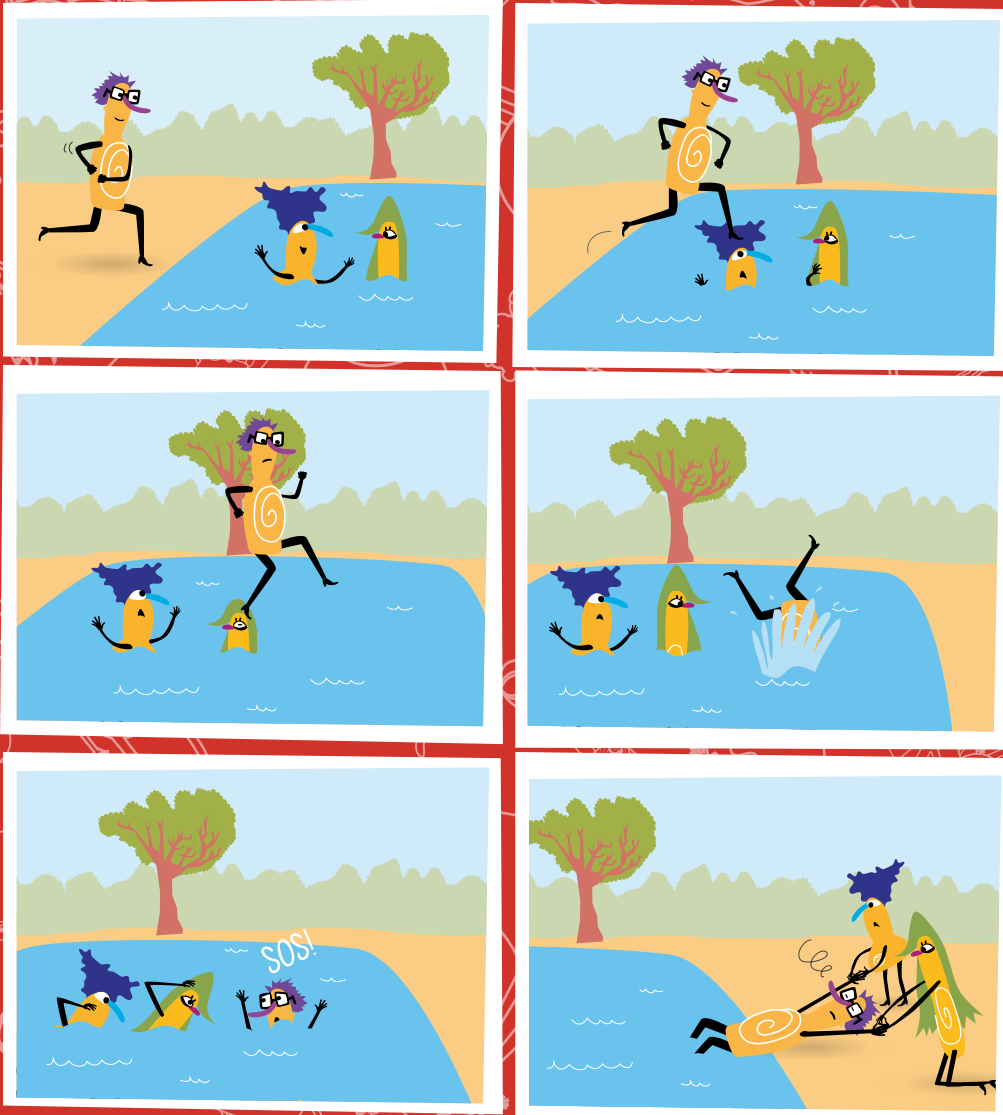


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▶▶ Democracy and human rights start with us!

▶▶ Respect human dignity

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What unites us despite our differences is human dignity

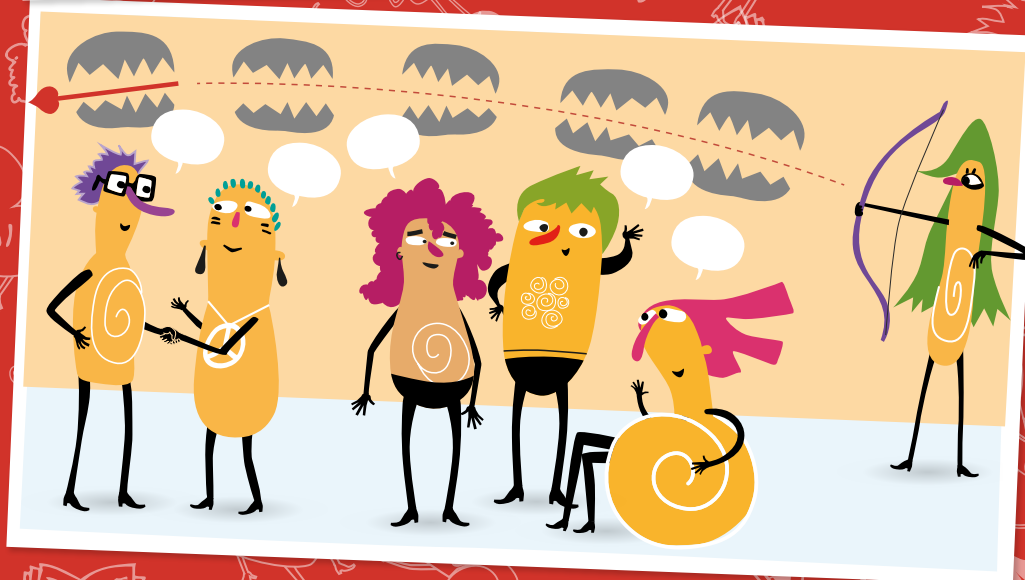
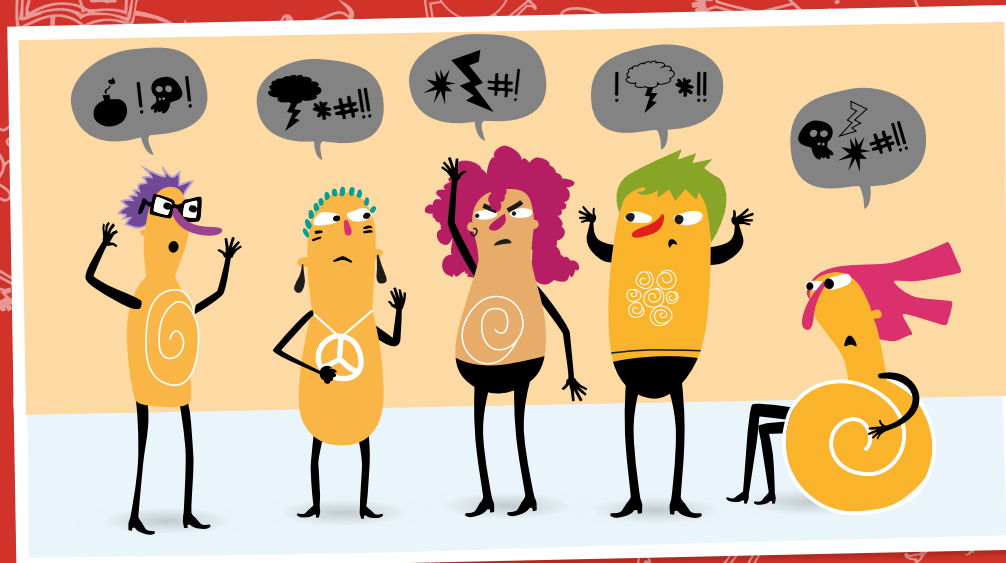


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►► Democracy
and human rights
start with us!

►► Live in peace

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Dialogue is the most effective way
to solve conflicts in a peaceful manner