

In 1961, the Council of Europe - an organisation based in Strasbourg and which now has 47 member countries from all over Europe - adopted a list of social and economic rights to ensure that the everyday life of children and adults was of a good standard. Because rights change over the years, this list of rights was extended in 1996.

This is the European Social Charter.

It guarantees, for example, the right to health care, the right to go to school, to live in decent housing, to work in safe conditions and to be paid for the work done, and the right to go on strike. The Charter gives everyone the same rights and protects everyone in the same way: boys and girls, women and men, people with disabilities or without, no matter what their religion, the colour of their skin or the language they speak.

When you read this book you will see that the Charter is meant to ensure the wellbeing of your family and friends and particularly to protect the vulnerable among us who cannot defend themselves. It supplements the European Convention on Human Rights, which protects everyone's rights and freedoms: life, justice, religion, associations, press, meetings etc.

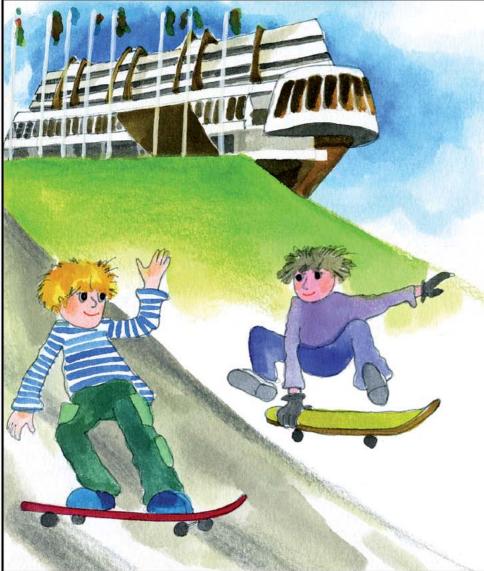
The European Committee of Social Rights in Strasbourg ensures that the countries which have accepted the Charter also respect the rights it contains.

This book presents the European Social Charter by describing some of the rights that apply to your everyday life. The aim is to make young people and children aware not only of their rights but also of the obligations which States must respect. You will discover these rights and obligations and have the opportunity to discuss them and give your impressions on the way they are put into practice, among your family and friends.

It is up to you to bring these rights to life, preserve them, make them known to others and develop them. In that way you will help to build a fairer Europe, the sort of place where everyone wants to live.

> Maud de Boer-Buquicchio Deputy Secretary General of the Council of Europe

And you Ur



Hi, my name is Adam and I'm ten years old. I live in Europe like you. My father has worked in several countries including France, Turkey and Ukraine. My little sister doesn't like moving all the time but I do because it allows me to make new friends. I'll soon have a second little sister and perhaps I'll teach her to play football. Today one of my French friends told me about the Council of Europe. It is a European organisation based in Strasbourg and it protects human rights. The member States of the Council of Europe have all signed the European Social Charter, which contains rights concerning children. Have you ever heard of it? If not, let me tell you something about it...





Do you know that to get a job you have to go to school first?



Do you know that people with disabilities have the same rights as everyone else and that if they are to take advantage of those rights special measures sometimes have to be taken?



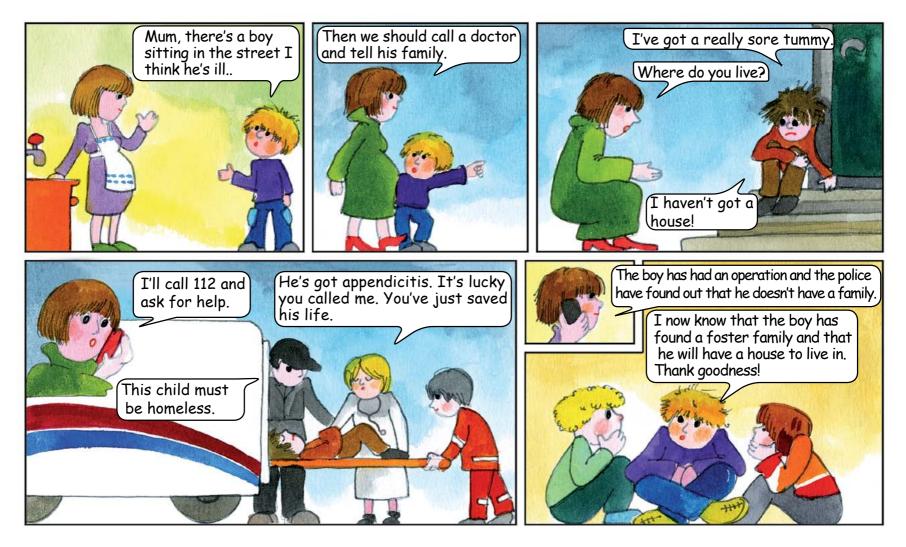
Do you know that if you want to go to school but you don't have enough money you can get help?



If you don't know what you want to do when you grow up, there are people who can help you decide.



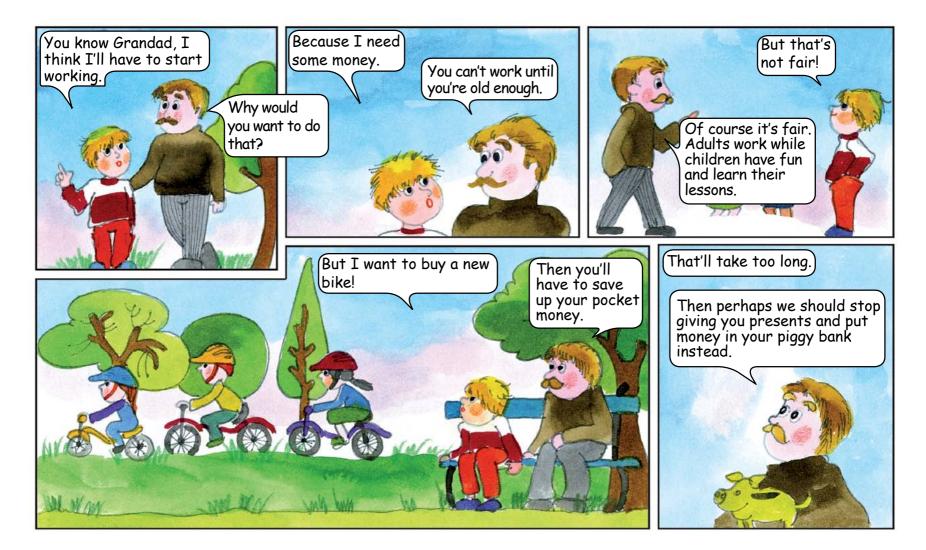
Do you know that nobody can force you either to work or to beg?



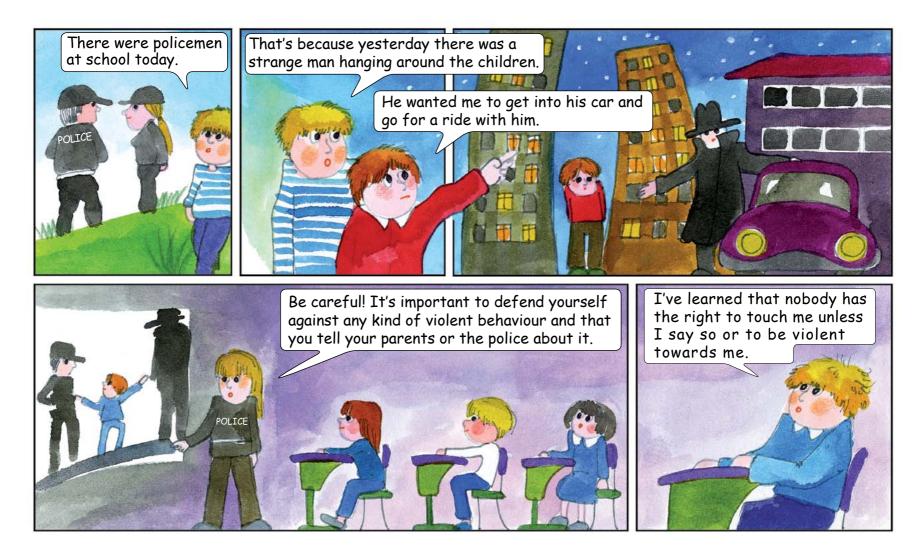
Do you know that if you don't have a family, you have the right to assistance? You can't be left to live on the streets.



Do you know that everyone has the right to housing and that those who don't have anywhere to live can ask the State to help them?



Do you know that you don't have the right to work as long as you are a child?



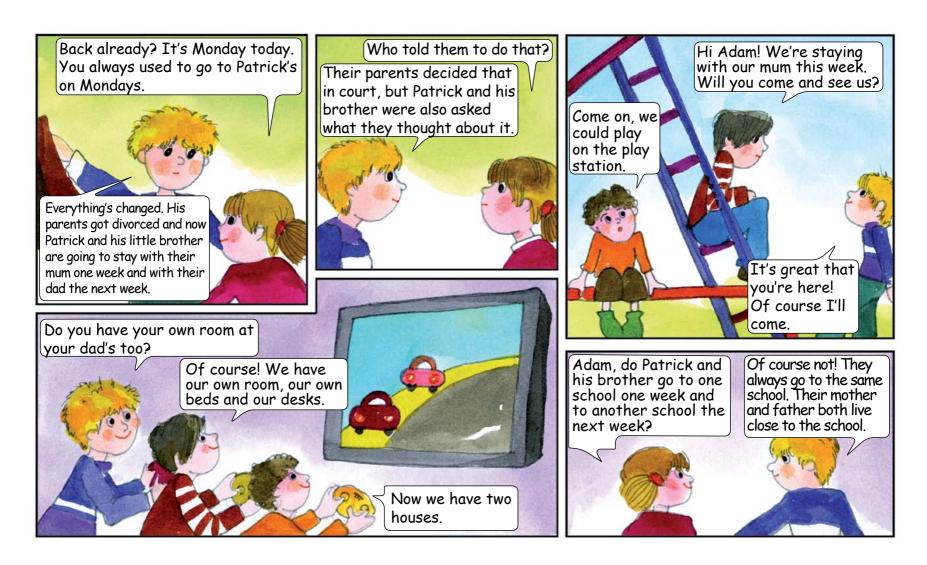
Do you know that if someone hurts you, even in your family or at school, you don't need to be ashamed? You should talk about it.



Do you know that the State has a duty to protect your health?



Do you know that you have to learn how to stay healthy your whole life long?



Do you know that your family has the right to protection?



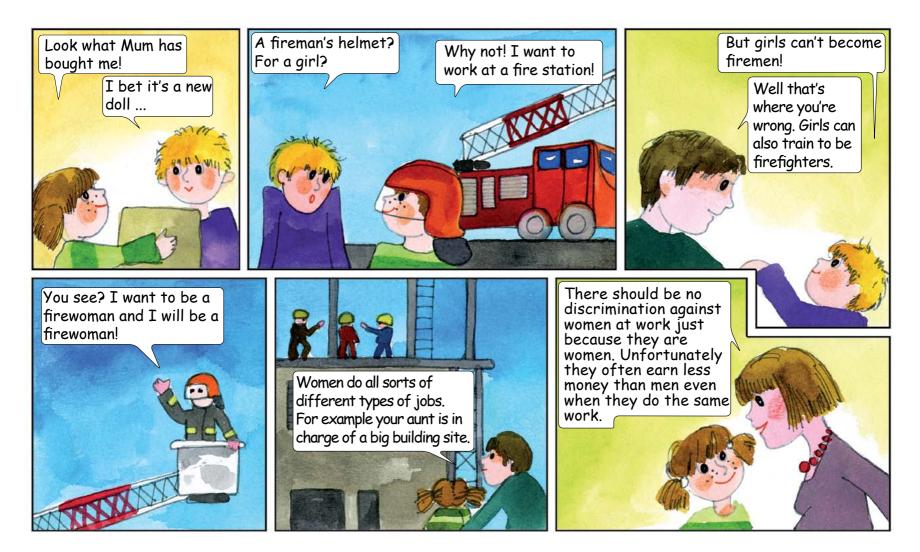
Do you know that every adult has the right to a job where they feel safe and are well treated, and where they earn enough to feed their family?



Do you know that anyone who loses his employment has the right to protection?



Do you know that people who have an accident or are ill are helped by Social Security?



Do you know that there should be no discrimination against women, in other words they should not be treated differently from men?



Do you know that the law protects women who are going to have a baby?



Do you know that elderly people have the right to protection?



The rights presented in this book refer to certain Articles of the European Social Charter	page
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> > www.coe.int

You are part of a big family of 800 million people!

Do you know that as a young European today you are part of a big family of 800 million people? You live in a world where you're free to get to know other children and to learn about other languages, other ways of life, other countries and other ideas. But as a European, you also have to learn to love and respect other people and to accept differences.

We hope that with this book you will be able to discover and explore what we do within the Council of Europe in order to help you to protect your rights now and when you grow up!

Find out more at www.coe.int and www.coe.int/socialcharter

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